**Enjoy life changes or stay the same?**

Some people enjoy life changes and they look forward to new experience. For such people when many events happen around them – they give “feeling of life”. It is difficult **~~to~~ for** them to just stay at home, **~~work on~~ to do** the same job many years or make ordinary activities. Instead of it they prefer to meet new people, talk with them, change job often, visit new places and engage into new activities and challenges. We could consider such approach to life as proactive and “offensive”.

The opposite approach of another part of people population is to stay the same, avoid life changes, **~~work on~~ to do** the same job many years, prefer ordinary activities and traditional relation to different aspects of life. It is difficult for such people to make new relations and friends or decide to make life changes, not important – they are significant or not. We could consider such approach to life as reactive and “defensive”.

What about me – previously I preferred reactive approach most time of life during many years, but during last years I switched to proactive approach several times and made important decisions as a reaction on inspiration after communication with some new people or reading some books. As a result of such decisions, I got changes and some of them **~~was~~ were** better than I thought, some of them **~~was~~ were** painful, but I consider them as a useful experience.

Nowadays thanks to the Internet we could watch inspired videos of different speakers or read books of topic “How to get things done” (GTD) to get motivation or to see an examples of life change and solving problems. All these things make switch from reactive, traditional approach to modern, proactive more **~~ease~~ easily**.